

**Are you concerned about yourself, a child or another family member and would like some advice? Come along to our Psychology Advice Clinic and speak to one of our team of psychologists about your concerns.**

**WHEN:** The **First Tuesday** of each month from  
January 2014

from **9.00 - 12.30**

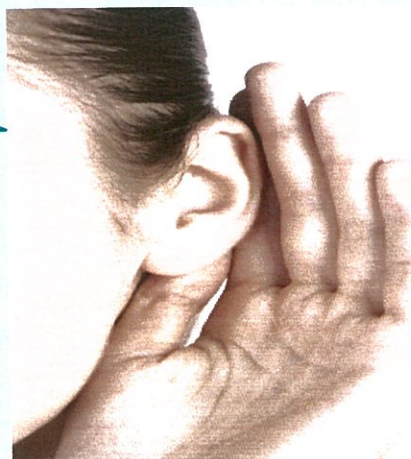
**WHERE:** Blanchardstown Primary Care Centre,  
Blanchardstown Shopping Centre  
(behind Fingal County Council Offices)

**HOW:** First come first served.

Contact reception by phone (01-8297233) between 8:30 & 9:00 on the morning of the clinic only to register for the clinic.

"I get stressed at the smallest things"

"She's not herself lately and she won't talk to me"



"I can't cope with the behaviour"

"I am just so worried about him"