



Series of three Parent Workshops Facilitated by Dr John Sharry for parents of young children 0-7 years in Fingal

Dr John Sharry is a social worker and family psychotherapist with over 25 years' experience as a child and adolescent mental health professional. He is co-developer of the award winning Parents Plus Programmes, and the best-selling author of twelve positive psychology and self-help books for families including *Positive Parenting*, and *Counselling Children Adolescents and Families*. His books have been translated into nine languages including, Spanish, Chinese, Arabic and Japanese. John is the weekly parenting columnist for *The Irish Times* and a regular contributor to the national media. John is well known for his engaging, inspirational yet informative and practical presentation style and we are delighted to confirm that he will facilitate three workshops for parents of young children 0-7 years in Fingal over the coming months.

Workshop	Venue	Date	Time
Managing challenging behaviour in young children	Crowne Plaza Hotel, Blanchardstown Shopping Centre, Dublin 15	Wednesday 5 th August	7.00 – 9.30pm
Overcoming anxiety and worries and helping children be more confident	The Riasc Centre, Feltrim Road, Swords, Co Dublin	Wednesday 2 nd September	7.00 – 9.30pm
Establishing Routines in the home around sleep and other important behaviours	The Bracken Court Hotel, Dublin Street, Balbriggan, Co Dublin	Wednesday 23 rd September	7.00 – 9.30pm

All of the above were common issues which were brought up at the majority of the 90 parenting programmes that FPI facilitated with parents requesting more detailed workshops on each topic. The aim of the workshops is to inform, educate, support and empower parents of young children 0-7 years.

John will focus on and explore the real issues parents of young children are facing on a daily basis, his approach is very practical and parents will be invited to participate in a questions and answers section at the workshop.

Places are limited at each workshop and will be allocated on a first come first served basis. To secure a place you must forward the attached booking form together with a fee of €5.00 per workshop cash or cheque, made payable to Fingal County Childcare Committee. This is a non-refundable fee.



Parent Workshops with Dr John Sharry

Booking Form

Name: _____

Address: _____

Phone: _____ Email: _____

Please tick which workshop(s) below that you want to attend

Workshop	Venue	Date	✓
Managing challenging behaviour in young children	Crowne Plaza Hotel Blanchardstown Shopping Centre Dublin 15	Wednesday 5 th August From 7.00pm – 9.30pm	
Overcoming anxiety and worries and helping children be more confident	The Riasc Centre Feltrim Road Swords Co Dublin	Wednesday 2 nd September from 7.00pm – 9.30pm	
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Fingal County Childcare Committee

ABCO KOVEX BUILDING

Swords Business Park

Swords

Co Dublin

Receipt of payment confirms your place unless otherwise informed by Fingal County Childcare Committee