Free Parents Plus Early Years Programme

Parent with confidence, less stress and greater satisfaction

The **Parent Plus Community Course** is a 7 week practical and positive course for parents of children aged 1-6. Learn proven ways to:

- Help your child communicate and learn in play
- Creatively help your child learn and reach their full potential
- Manage difficult behaviour such as tantrums or being aggressive.
- Develop a good relationship with your children and enjoy being his/her parent

The course is **FREE** and is open to ALL parents who live in Fingal. If you are parenting alone, please feel free to bring along another supportive person. Booking early is advisable as **places are limited**.

Course Dates:	Monday Feb 1st – Monday March 14th
Time:	Morning 9.30am – 12.30pm
Course Venue:	St Patrick's Junior School, Corduff, Dublin 15
Course Facilitators:	Pauline Mangan (BAP) & Una Caffrey (FCCC)
To Book Contact:	Pauline Mangan – pmangan@bap.ie; 0874190777

SICAP Social Inclusion & Community Activation Programme
Comhairle Contae Fhine Gall Fingal County Council
Ireland's EU Structural and Investment Funds Programmes 2014 - 2020 Co-funded by the Irish Government and the European Union
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Comhshaol, Pobal agus Rialtas Áitiúil Environment, Community and Local Government
blanchardstown area partnership Supporting Communities Across Fingal