

Free Parents Plus Early Years Programme



Parent with confidence, less stress and greater satisfaction

The **Parent Plus Community Course** is a 7 week practical and positive course for parents of children aged 1-6. Learn proven ways to:

- Help your child communicate and learn in play
- Creatively help your child learn and reach their full potential
- Manage difficult behaviour such as tantrums or being aggressive.
- Develop a good relationship with your children and enjoy being his/her parent

The course is **FREE** and is open to ALL parents who live in Fingal. If you are parenting alone, please feel free to bring along another supportive person. Booking early is advisable as **places are limited**.

Course Dates:	Wednesday May 25 th – Wednesday July 6 th
Time:	Evening 7pm – 9.30pm
Course Venue:	Dillon House, Unit 106, Coolmine Ind Estate Dublin 15
Course Facilitators:	Pauline Mangan (BAP)
To Book Contact:	Pauline Mangan – pmangan@bap.ie ; 0874190777



Comhairle Contae
Fhine Gall
Fingal County
Council



