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POWERSTOWN EDUCATE TOGETHER NATIONAL SCHOOL

Toileting and Intimate Care Policy

THIS POLICY HAS BEEN FORMULATED BY POWERSTOWN ETNS TO INCREASE KNOWLEDGE, ENHANCE SKILLS AND PROMOTE GOOD PRACTICE AMONG STAFF WHOSE ROLE INVOLVES INTIMATE CARE.

INTRODUCTION

Intimate care is any caring procedure which involves attending to a student when he/she is undressed or partially dressed; helping a student with washing (including intimate parts); helping a student to use the toilet; changing nappies or carrying out a procedure that requires direct or indirect contact with an intimate area of a student; or any procedure carried out while the student is in a state of whole or partial undress. The supervision of students while they are dressing and undressing will also be considered as intimate care.

The following procedure will apply in cases of

- Wetting Incident
- Soiling Incident
- Vomiting on clothes
- Ongoing toileting or care needs as outlined in a student's individual intimate care plan and referred to in child's Individual Educational Plan
- Water/wet play incident or incident whereby child requires a change of clothes
- Swimming

This policy and related procedures have been developed bearing in mind that all physical contact between staff and students:

- Should be aimed at meeting the needs of students
- Should respect the privacy and dignity of each student
- Should be consistent with professional integrity of staff members

RELATIONSHIP TO THE SCHOOL ETHOS

All students and staff members have the right to feel safe and be treated with dignity and respect.

AIMS AND OBJECTIVES

The aims of this policy are;

- To safeguard the rights and promote the welfare of children
- To ensure that the dignity and privacy of the student involved is maintained at all times
- To develop a framework of procedures whereby intimate care requirements are dealt with in an appropriate manner

RESPONDING TO INCIDENTS (I.E. WETTING, SOILING, VOMITING)

As a staff we act 'in loco parentis' and can deal with a toileting or vomiting accident in school. It is best practice to only provide help that is required by the student. The staff member should encourage the student to do as much for themselves as possible.

Spare changes of clothes and underwear are kept in each classroom in the sliding cupboard, with wipes and gloves. Staff are required to wear protective gloves when assisting changing a child.

A teacher must always be cognisant of his/her duty of care regarding effective supervision of all the students in the class when assisting a student with toileting.

In the event of an accident, the following procedures are to be followed:

Wetting incident:

- The SNA/teacher will provide the child with a change of clothes and/or underwear as necessary.
- The child will use said clothes to change him or herself.
- The SNA/teacher will assist the child with dressing only if absolutely necessary.
- If a SNA/teacher is required to go into the toilet cubicle, a second adult must be present.
- Incident is logged on Aladdin
- Parents/guardians are informed
- Wet clothes are sent home in a plastic bag.
- Parents/guardians are asked to return "school" clothes after washing.
- Parents/guardians will be informed of this procedure in the Junior Infants induction meeting prior to their child starting school.

Soiling incident:

- If the child soils him/herself, Parents/guardians are contacted and asked to collect their child.
- In the event that a parent cannot be contacted, the SNA/teacher will do what is possible to make the child comfortable.
- The SNA/teacher will provide the child with wipes.
- The SNA/teacher will provide the child with a change of clothes and/or underwear as necessary.
- The child will use said clothes to change him or herself.
- The SNA/teacher will assist the child with dressing only if absolutely necessary.
- If a SNA/teacher is required to go into the toilet cubicle, a second adult must be present.
- Incident is logged on Aladdin
- Parents/guardians are informed of details of incident upon collection
- Soiled clothes are sent home in a plastic bag.
- Parents/guardians are asked to return "school" clothes after washing.
- After an incident of diarrhoea, the child is advised to stay at home until they are symptom free for at least 48 hours.
- Parents/guardians will be informed of this procedure in the Junior Infants induction meeting prior to their child starting school.

Vomiting incident:

- If the child vomits on him/herself, Parents/guardians are contacted and asked to collect their child.
- In the event that a parent cannot be contacted, the SNA/teacher will do what is possible to make the child comfortable.
- The SNA/teacher will provide the child with wipes.
- The SNA/teacher will provide the child with a change of clothes as necessary.
- The child will use said clothes to change him or herself.
- The SNA/teacher will assist the child with dressing only if absolutely necessary.
- If a SNA/teacher is required to go into the toilet cubicle, a second adult must be present.
- Incident is logged on Aladdin
- Parents/guardians are informed of details of incident upon collection
- Soiled clothes are sent home in a plastic bag.
- Parents/guardians are asked to return "school" clothes after washing.
- After an incident of vomiting, the child is advised to stay at home until they are symptom free for at least 48 hours.
- Parents/guardians will be informed of this procedure in the Junior Infants induction meeting prior to their child starting school.

STUDENTS WITH SPECIFIC TOILETING OR INTIMATE CARE NEEDS

It may be the case that a pupil will have an ongoing need for assistance with toileting/intimate care. In all such situations the following guidelines and procedures must be followed:

THE ROLES AND RESPONSIBILITIES OF PARENTS/GUARDIANS

- Parents/Guardians should identify any toileting or intimate care needs in their application form
- Parents/guardians will be required to attend a meeting with the principal and SEN coordinator/class teacher to discuss the specific care needs of their child and how the school will meet them.
- Where possible, Parents/guardians should provide the school with professional reports (O.T., nurse, Daughters of Charity, Early Intervention Team etc) and/or relevant contact details. Professional report should recommend toileting strategies and support school staff in supporting intimate care needs of the

child. Professional report may also indicate the need for specialised equipment, to ensure the dignity of the child at all times.

- An Intimate Care Plan will be developed based on parental and professional information and an application for SNA access and if necessary equipment will be completed.
- Parents/guardians supply the school with the resources required to carry out the toileting or other care needs, which may include, but not be limited to;
 - Nappies
 - Wipes
 - Disposable gloves
 - Nappy Sacks
 - Spare underwear
 - Spare Clothes
 - Creams (if necessary and as detailed in Intimate Care Plan)

ROLE OF THE SCHOOL: INTIMATE CARE OR TOILETING PLAN

In the event that a specific toileting need has been identified for a student, an Intimate Care/Toileting Plan will be developed in partnership with the student's class teacher, support teacher, designated SNAs, parents/guardians and relevant support services (e.g. Beechpark, Daughters of Charity, Early Intervention Team, School Age Team).

If a child is not toilet trained, and wears nappies/pull ups to school, toileting will be scheduled twice during the school day. If a child soils himself/herself, child will be changed as soon as possible.

A written copy of the agreement will be kept in the student's file and Parents/guardians will be notified of any changes from agreed procedures.

The Care Plan must include;

- Details of specific care need
- Identification of the staff members involved in this care, including provisions for when a staff member may be absent. (Substitute SNA's will not generally be involved in intimate care unless sanctioned by the Principal or SEN Coordinator).
- Details of additional equipment required and procedures for using same
- Child's preferred means of communication to include agreed terminology for body parts and bodily functions.
- Child's current level of ability
- Cultural and/or religious sensitivities
- Signature of Class Teacher
- Signature of Principal / SEN Coordinator

- Date of Care Plan implementation and review

Refer to Appendix A for Intimate Care Plan template.

Implementation of an Intimate Care Plan should be tracked and evaluated on an ongoing basis in order to continually monitor a student's progress and promote the development of independence.

Refer to Appendix B for recording template

TOILET TRAINING OF CHILDREN WITH TOILETING OR INTIMATE CARE NEEDS

Parents/guardians are encouraged to toilet train their child, at an appropriate time for their child. The school supports the recommendations of professionals and parental wishes in relation to toilet training.

When parents/guardians decide it is an appropriate time to toilet train their child, they are asked to speak with staff, review intimate care and toileting plan.

Both parents/guardians and staff should implement the same strategies when the child is being toilet trained. Regular communication should occur between parents/guardians and staff when a child is being toilet training is in progress.

GOOD PRACTICE GUIDELINES

While it is not possible to prescribe guidelines that will apply in all Intimate Care and Toileting situations, it is important that the following elements of good practice are adhered to:

- In the case that a student has an Intimate Care Plan, teachers and SNAs should ensure that they are completely familiar with the plan.
- There should be a minimum of two staff members present at all times.
- Address the student by name and ensure he/she is aware of the focus of the activity.
- Verbalise actions to the student in a reassuring way to prepare them for each procedure.
- Use visual cues for students with limited communication, e.g. pointing at a wipe or picture board.
- Use appropriate and professional language. Specific language may be detailed in a care plan.
- In intimate care, the touch should be affirmative and supportive, not rough or insensitive.
- Respect the dignity and privacy of the student at all times.
- Have all equipment and materials to hand before commencing.
- Use discreet observation if checking to see if a nappy needs changing.
- Use protective gloves provided.
- Take all precautions when disposing of soiled material in the bin provided.

- Intimate care procedures will be carried out in a manner which treats the student in a dignified and respectful way and allows the student the maximum level of privacy.
- The student's independence will be encouraged.

WATER/WET PLAY INCIDENT OR INCIDENT WHEREBY CHILD REQUIRES A CHANGE OF CLOTHES

If an incident occurs during the school day whereby a child playing with water/wet area or other area in which a change of clothes is necessary, the following procedures are followed.

- If a child has intimate care needs, the child's intimate care plan is implemented.

For all other children:

- The SNA/teacher will provide the child with a change of clothes and/or underwear as necessary.
- The child will use said clothes to change him or herself.
- The SNA/teacher will assist the child with dressing only if absolutely necessary.
- If a SNA/teacher is required to go into the toilet cubicle, a second adult must be present.
- Incident is logged on Aladdin
- Parents/guardians are informed
- Wet clothes are sent home in a plastic bag.
- Parents/guardians are asked to return "school" clothes after washing.

SWIMMING

Annually the school participates in a six week block of swimming. In the changing rooms, pupils are in a state of whole or partial undress, therefore falls under the category of intimate care needs.

The following procedures are implemented for swimming:

- For a child with intimate care needs, the child's intimate care plan is followed for swimming lessons.

For all other children

- The child is encouraged to independently change and dress themselves.
- The SNA/teacher will hand the child his/her clothes and/or underwear as necessary.
- The child will use said clothes to change him or herself.
- The SNA/teacher will assist the child with dressing only if absolutely necessary.
- If assistance is necessary, staff member will report to parents/guardians. An intimate care plan for swimming is drafted and/or parents/guardians are encouraged to attend swimming if child requires one to one assistance.
- All parents/guardians who attend swimming lessons are garda vetted.
- All parents/guardians who attend swimming lessons **are only allowed to assist their own child.**

REPORTING

If during the intimate care of a student;

- A staff member accidentally hurts/injures the student
- The staff member observes something which raises child protection concerns
- The student seems to misinterpret what is said or done
- The student has a very emotional reaction without apparent cause

the incident must be reported to the DLP or Deputy DLP in his/her absence.

SUCCESS CRITERIA

The school evaluates the success of the policy through;

1. Participation of all staff in the policy
2. Safe and effective care of all students in our school
3. Feedback from all staff
4. Feedback from relevant parents/guardians

RATIFICATION AND COMMUNICATION

This policy was ratified by the Chairperson of the Board of Management in June 2018

REVIEW

This policy will be reviewed at the end of June 2019 and amended as necessary by means of a whole school collaborative process.

APPENDIX A – INTIMATE CARE / TOILETING PLAN

Child's name:	
Child's DOB:	
Child's Class:	
Relevant Staff:	

<i>Details of specific care need</i>	
Nature of care need	
Child's current level of ability	
Timeline & skills which need to be taught	Timeline & procedures for teaching new skills
<i>Procedures for care</i>	
Times and frequency each day when care is required	
Staff to be involved in this care	
Provisions for when named staff members are absent	
Equipment required for this care	
Procedures for using this equipment	
Additional materials / resources needed	
Procedures for storing and disposing of materials. Please note parents/guardians are responsible for providing the school with necessary materials	
Language to be used when providing this care:	<u>Naming body parts:</u> Vagina – Penis – Bottom – <u>Naming bodily functions:</u> Urination – Bowel movement –
Cultural / religious sensitivities (if any)	

Date of Intimate care meeting:		Date intimate care plan finalised	
Review Date:			

Individuals involved in this plan	Name - printed	Signature
Parent:		
Class teacher:		
SNA 1:		
SNA 2:		
Principal:		
Therapists		

INDIVIDUAL RECORD

Child's name: _____

Levels of support:

- Full physical assistance (FPA)
- Full physical prompt (hand-over-hand) – FPP
- Partial physical prompt (e.g. hand to elbow) – PPP
- Visual prompt (e.g. point to picture) – Vis. P
- Verbal prompt - Ver. P
- Independent - ☺

Date	Time	Undress	Wipe after urination	Wipe after bowel	Re-dress	Wash & dry hands	Flush	Staff initials

